

Ayurveda at its best

Experience something very new!

Shirodhara → \$130

For a deep feeling of relaxation and ease. The balancing Marma massage for the face get's you into a sleepy mode. Now warm oil is poured on the forehead. The "third eye" is stimulated to rest. It's the point for clarity. *"Feels like a bath for the face" L. from Richmond 5/25/19*

Great for you if you battle headaches, sinusitis or can't let go of the daily challenges and stress.

INFO! your hair is saturated with the precious ayurvedic herbal oils which are super hydrating for your hair. So please bring comfy cloth.

Book: (410) 558-1185 or bmoreadagio@gmail.com and please leave a message with desired dates and times

Ayurvedic Massage → \$158

Warm herbal ayurvedic oils are used in this very special massage which includes a hypnotic Marma face massage. Get ready to "walk on air".

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Adagio goes Indian - Ayurvedic Style → \$360

We start applying the Udvartan, a warming ayurvedic body Peeling with a silk glove on the moist skin. Wash it off and relax into the ayurvedic Abhyanga Massage. Have a cup of ayurvedic tea before the Kings Dosha warm forehead treatment. I pour warm herbal oil on the "third eye" over your forehead. Incl. the hypnotic Marma face massage. Feel like a newborn!

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Our Booking & Cancellation Policies

“Weekends” include Fri-Sun. “Weekdays” include Mon-Thurs.

Bookings

Your appointment time given is intended as your “arrival time.” Your service will begin after a brief consultation and will include the full stated contact time for the service (e.g., 60-min, 70-min, etc.). We will also allow you time after the massage to relax briefly!

Cancellations

Cancellations with less than 24 hours of notice on WEEKDAYS, and less than 48 hours of notice on WEEKENDS, are subject to a cancellation fee amounting to 80% of the cost of the scheduled service.

Guests who miss their appointments without giving any prior notification will be charged in full (100%) of their scheduled service.

We recognize the time of our clients and staff is valuable. When you miss an appointment with us, we not only lose your business, but also the potential business of other clients who could have scheduled an appointment for the same time. Additionally, many times our staff function in an "on call" status and travel to the Spa specifically for your service. For these reasons we are obligated to compensate our staff for their time as well as cover lost revenue.

When you schedule your appointment with us, you are agreeing to these policies. All weekend services, or bookings with less than 24 hours notice, require a credit card to guarantee a reservation. You will not be billed until the completion of service, or if there is a cancellation/no-show. Payment will still be required on the day of service.